CREATE THE RIPPLE **Connection** Cards



We create moments that matter through the connections we make

Connection card themes



Core connection These cards help you reflect on your connection with yourself. What can you change in your behaviours to become more grounded?

Connection with others The focus of these cards is our connections towards others. What can you do to create a greater connection with people?



Building connections

These help you build connections within a group of people. How can you apply these ideas to foster connection within a tribe? Connection culture



These help you learn ways to foster connections in the wider community or workplace. How can you work towards a broader culture of connection?

Getting to know Create the Ripple Connection Cards

Create the Ripple Connection Cards are pocket-sized guides for building authentic connections. They're perfect for personal and professional growth, or for use in client meetings, team activities and community events. These cards help steer us towards connections that truly matter.

Themes focus on our core connection, our connection with others, our role in building connections within groups, and fostering a connection culture in our wider communities.

By using the Connection Cards in these different aspects of our life, we're doing more than just talking-we're fostering genuine, lasting connections that benefit not just ourselves, but everyone around us too.



Self-Navigation

These cards are like little taps on the shoulder, reminding us to connect more deeply with ourselves as the first step towards connecting with others.

Ideas:

- Pick a card each morning to set the tone for a connected day.
- Let the card's message inspire your . daily chats and interactions.
- Share what you've discovered from a card with someone who may benefit from the insight.



Ouestions:

- How does today's card fit with how I'm feeling right now?
- What simple actions can I take to bring this card's idea to life?

How does this card encourage me to build stronger connections?

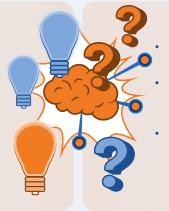


One-to-One Conversations

These cards will ignite meaningful dialogues and deepen our collective understanding.

Ideas:

- Start your chat by picking a card that can naturally guide the discussion.
- Consider specific exercises, like journaling or a quick brainstorm, to breathe life into the card's message.
- Encourage one another to pick a card to think about before your next catch-up.



Questions:

- How does this card relate to what we're discussing?
- What steps can we take to connect more meaningfully based on this card?
- What are some ways this card can add value to our professional and personal journeys?

Working with Teams

In a team context, these cards foster genuine and meaningful interactions among team members.

Ideas:

- During team meetings, draw a card to spark discussion about shared goals.
- Use the cards to celebrate team achievements, whether they're milestones or tiny wins.
- Establish a 'Connection Corner' where team members can display impactful cards.



Questions:

- How can this card help us work together more effectively?
- What collective actions can we take to realise the ideas from this card?
- How does this card's message align with our team's values and goals?

Serendipity Connections

Life is filled with unexpected opportunities for connection. These cards are your go-to guide for making those spontaneous moments matter.

Ideas:

- Add a card to your digital or handwritten message to give it added depth.
- Give a card to someone you bump into, transforming a casual encounter into a memorable moment.
- Share cards at community events to stimulate enriching conversations.



Questions:

Who entered your life unexpectedly today because of the card?

How did this card help widen your perspectives?

What fresh and exciting connections did this card help you make?